



Raising Children. Supporting Families. Transforming Lives.

### **El Salvador 2021 Project**

#### **NPH El Salvador - Nutrition from Our Own Farm - P-SAL-21006**

With its 21,000 square kilometers, El Salvador is a relatively small country, in terms of territory. However, with a population density of 294 inhabitants per km<sup>2</sup>, it is the third most populous country in Central America, with a total population of more than 6 million inhabitants. Of these, 37.5% live in rural areas. 65% of the surface is mountainous, that is, with a slope greater than 15.4%: these are the areas cultivated by the majority of the rural population.

36% of the population of El Salvador lives in conditions of poverty, of these 33% live in extreme poverty and 67% in relative poverty. 43% of the poor population lives in rural areas with access to basic services such as potable water, electricity, sanitation systems, and stable housing solutions.

Agriculture in El Salvador has a double characterization: on the one hand, large farms with intensive exploitation of land for commercial purposes for export or for the food industry; on the other hand, the small agriculture based on the subsistence economy, which nevertheless constitute a resource of great importance for the population of El Salvador. During the last year, in fact, the prices of food produced by large farms have increased, making it difficult for many poor families to buy basic food products. Therefore, small farms have become an important resource, although not sufficient, to combat food poverty in the country.



The development of agriculture to ensure household food self-sufficiency is in line with the 2030 Global Sustainable Development Goals and, in particular, Goal 2: End hunger, achieve food security, improve nutrition and promote Sustainable Agriculture

For NPH El Salvador one of the main commitments, in addition to welcoming and caring for children, is to fulfill the task of feeding all children and staff in a complete and economically sustainable way: it is not only necessary to satisfy nutritional needs, but it is necessary to do so in order to ensure the economic sustainability of this highly onerous commitment.

For several years we have been growing corn, as our land is not very fertile and the weather does not help much, and our crops are sparse. We have a coordinator who is responsible for checking on the plantings; and young adults in their year of service help with some activities of the farm.

The period for the plantings is established when the rains begin in the winter (May). We prepare the land a month before to make it more fertile, so we get good harvests. Corn harvest starts in December.

In regards to our cultivation methods, we primarily use conventional farming methods for our agricultural production. Furthermore, in our stable we have more than 35 heads of cattle, most of them produce milk for the children, so they are able to drink two glasses of milk every day. The cows are also used for the consumption of meat; every three months a cow is used to get beef for our children to eat.



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Costs that occur with direct food production, guarantees the possibility to continue to feed our beneficiaries. The savings obtained from self-production can be partially reinvested to increase production and thus achieve food self-sufficiency for our children.

By supporting this project, you will be helping us to create smiles on our children's faces because we will feed in a complete and economical way.

#### Project Items:

Nr	Description	Quantity	Unit	Estimate	Received
1)	Animals Food	1	\$6,797.00	\$6,797	\$0
2)	Tool and Equipment	1	\$2,056.79	\$2,057	\$0
3)	Medical and Veterinary Expenses	1	\$1,526.46	\$1,526	\$0
4)	Fertilizers and Compost	1	\$3,352.00	\$3,352	\$0
5)	GRYHR / Others (eventual employees)	1	\$4,368.00	\$4,368	\$0
6)	Seeds and Plants	1	\$247.50	\$248	\$0
7)	Herbicide/ Pesticides	1	\$2,328.80	\$2,329	\$0
Total of Project:				\$20,677	\$0